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Contact Anne on
01440 783175



A great example of a South Pennines Ultra run

In the heart of 'Bronte Country', I thought this event had it all, great scenery, 90% off road, rough paths, tough hill climbs, bog, single track, moorland, navigation challenges (for us first timers), great marshals and even 'Jammy Doughnuts' (definitely a first for me on a long run)

I had an interesting start to the race, after getting up at 3.30am to drive the 189 miles to the community centre HQ, I got there in plenty of time to register and get myself ready, I then missed the start... (Tip: don't phone your wife 20 minutes before the start

and ask 'is everything alright dear?') I did a quick dash up the hill, panicking a bit as I was not sure of the route and joined the back of the queue as we set off up the cobbled path.

'A windswept land of heather and wild moors' is the tourist description. Well on this day that was certainly the case. As we headed up Millennium Way over Haworth Moor, past Top Withens and onto the Pennine Way to the first checkpoint at Widdop Reservoir, my early memory was of desperately trying to find someone to run behind as the strong head wind buffeted us all the way. I was really glad the rain held off.

As a first timer, I had heard that some of the navigation was a bit tricky so my strategy was to make sure I always had sight of 'someone who had done it before'. This worked well and boy was I glad at times, route finding through certain sections was tricky. Stoney Lane and out the back of the golf course had paths going off all over the place, most of which I could not see on my 1:25000 map and even the run through Heponstall was tricky (at 24 miles into the event, my brain cannot cope with running *AND* route finding.)

Now let's mention the climb to 'The Monument', definitely a sadistic twist by the organiser. I know we had just been given Jammy Doughnuts at Mankinholes Youth Hostel (and very nice they were to) but a climb like that, after 20 miles, and there was not even a checkpoint on the top! Harsh, I thought, particularly as when you got to the top, the wind was waiting in all its force to blow you back down. Taking the Calder/Aire Link to the 'top of the stairs' through the 'stairs swamp' reminded me of last weekend's run at the High Peak Marathon, boggy, wet and cold feet, deep smelly mud (such good memories!). However it was quite a short section (thankfully) and in hindsight after 28 or so miles I did not really want to remind myself I had spent 10½ hours running 40 miles last weekend. It might have been this flashing into my mind that made my body crumble over the last few miles, but the last climb up over Penistone Hill was painful and I was really glad the 'run into the finish' was all down hill.

In my mind I still have to sort my pacing and nutrition out so I feel better in the last quarter of these events but this was how I imagined Ultra trail running to be. Long and hard, yes, but creating its own personality, making the very best of the surrounding countryside and providing a huge variety of terrain, keeping the event interesting and challenging for all levels of visiting ultra runners - Well done to the organisers.

April's schedule covers The Calderdale Hike – 37 miles, and the Highland Fling – 53 miles.

There is a more information on my blog site : <http://charity-grandslammer.blogspot.com> Paul Dickens



Christine Charters-Young
MFHT MIGHT CIBT
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BURROUGH GREEN PLAYGROUP

present a **Clairvoyant Evening** with Fiona Nichols
on Friday 8 May from 7pm (seated at 7.15 for 7.30pm start)
at Burrough Green Reading Room - Tea, coffee, hot chocolate and cake
Tickets £7 in advance from Ann Brophy, 01440 783146 - All profits to the Playgroup

FUTURE EDITIONS OF THE BUGLE:

Please tell us your news – We'll be delighted to hear from you!

In order that your Bugle reaches you early in the month all copy must be received
by the 15th of the previous month. **Deadline for June 2009 is 15 May please.**

The Editorial team

| | | |
|-----------------------|--------------|--|
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We thank our advertisers who help to fund this village newsletter – contact Anne, Helen or Sue (see above)
if you would like to place an ad.

*Please note that the advertisements in this magazine are accepted in good faith but are not personal recommendations
of the editorial team.*

**CHICKEN CHAT – Apologies from Maria. The girlies – and the girls – had rather a busy
Easter-time holiday so no time to write. More news coming next month!**



My Extreme Charity Challenge! The Amazon Jungle Marathon

by Paul Dickens

My aim is to run over 1000 miles in seven months to build up my base
fitness and endurance to compete in one of the most extreme multi-
day running events around the globe: **The Amazon Jungle Marathon**

It's more than a marathon; it's a 125 mile (200km)
race in stages over six days through the Amazon
rainforest, swamps, rivers, steep mountain tracks
and the coastline of Brazil. The longest single stage
is 54miles (87km) overnight and you carry all your
gear with you (food, clothes, water, sleeping bag,
hammock, anti-venom!) in a 10kg rucksack. In
October (it starts on the 11th) the temperature will be
around 90°F with very high humidity and daily
tropical storms. Sounds like my sort of holiday!
(www.junglemarathon.com)

WHY? - To raise £20,000 for charity - and to learn
what ultra running is all about.

It's hard to train for this in Great Bradley, not many hills! So my training is built around the Vasque Ultra
series of events (www.runfurther.com). These range from a 30 mile warm up to the infamous Lakeland
100 miler (yes, all in one go!). It's a great way to visit interesting and remote places throughout the UK.

I aim to do 2 or 3 training events a month, March saw me complete the Wye Ultra - 30 miles, The High
Peak Marathon - 40 miles and the Haworth Hobble - 33 miles, here is an extract from my blog about it:



VILLAGE PARKING

A couple of weeks ago it was necessary for an ambulance to gain access to part of Clarendale. Because of the many vehicles parked in the area concerned, it was extremely difficult for the driver to manoeuvre into position. The ambulance driver made it quite clear that if a fire engine were needed in that area, then it just would not be able to gain access. This would obviously be a severe risk to all in the area.

The area concerned is to the rear of the main Clarendale Estate around a small green, in front of 3 bungalows and to the rear of the houses nearest the playing field. There are notices advising that there should be no parking in this area and these are clearly visible.

Having been advised of the hazard parking causes, it would be good to think that vehicles will no longer be parked there.

June Taylor

SUFFOLK CONSTABULARY

ST EDMUNDSBURY RURAL WELCOMES NEW INSPECTOR

The rural area of the St Edmundsbury District is welcoming a new Inspector following the move of Inspector Adrian Calton to the Force Operations Room at Police Headquarters in Martlesham. He has been replaced by Acting Inspector Neil Paterson, who moves from Stowmarket.

A/Insp Paterson has been a Police Officer for 20 years, working mostly in the west of the county in Ixworth, Horringer, Bury St Edmunds, Mildenhall, Brandon and Stowmarket. At Stowmarket he has taken on the role of Acting Inspector a number of times, helping to implement Safer Neighbourhood Teams and a new model of policing to the Mid Suffolk District.

A/Insp Paterson says, "It is a privilege to be working back at Ixworth. I am looking forward to the challenges this will present and to working together with our partners to provide a high quality service to the community we serve."

Insp Calton says, "In just short of two years in the rural area, my team and I focused on reassurance and visibility, embedding the Safer Neighbourhood Teams within the community. Working together with the local community and partner agencies has led to a reduction in crime, an increase in detections and more importantly an improvement to people's quality of life. There are some excellent officers and staff within the rural area and I know it is left in good hands and the good work will continue."

From BURY RURAL SOUTH SAFER NEIGHBOURHOOD TEAM NEWSLETTER

Parking in the larger villages is still an issue. We are out and about on increased foot patrol, particularly in Clare and Kedington to stop people from parking illegally, dangerously and without consideration for others. The bus stop and the High Street in Clare continue to be the places that keep us the busiest. The schools in Thurlow and Wickhambrook are also of concern as parents and guardians continue to park in a fashion that puts children at risk, despite clear signs. We even came across a parent who had completely blocked one of "caution" signs with her car! Please all be vigilant when using your vehicles and try not to break the law or put your children at risk by trying to save yourself walking a few extra yards.

Speeding is another continuing issue. We are currently monitoring Thurlow, Chilton Street and Hargrave on a regular basis and our presence does seem to be making a difference, especially to those that use the same roads on a daily basis. Sadly, we note that it is still mainly local people that are flouting the speed limit. Hopefully our continued efforts will help to cut the speeding down. We hope to get to all the villages with a problem in the fullness of time, so please be patient and ensure that you all take care when driving through the villages with a 30mph limit.

DEDHAM VALE AONB STOUR VALLEY PROJECT

Numbers limited. Bookings taken one calendar month before each event.

For further details, please contact us on: 01473 264263 www.dedhamvalestourvalley.org

ADULT £3.00 – CHILDREN FREE

THE WORMINGFORD DIG

Thursday 28th May 7pm – 9pm

A fascinating opportunity to see the work of the Colchester Archaeology Group as they reveal a Tudor Hunting Lodge in Wormingford, and learn how archaeology shapes our landscape. We will enjoy an evening stroll around the area and take in the views across the Stour Valley.

Approx. 3½ miles – **Moderate** (country walking may include some rougher ground/stiles.)

PIGEON SCARERS

In the early part of April, I understand that some people were disturbed during the night by pigeon scarers (sometimes called “gas guns” or “bangers”) which were erroneously going off. I would like to apologise to everyone who was disturbed or inconvenienced in any way. It should not have happened.

These bangers are programmed to go off daily in daylight hours but unfortunately a malfunction took place in the timing device of one of them. We are taking measures to ensure that this does not happen again. However, if this or any other major problem does occur, please do let me know by calling me on my mobile 07831 318019 or email me on charles@gbfco.com

Why do we have bangers?

I am sure that many of you will have heard the bangers going off during the day and I thought it might be useful to explain their history and purpose. Pigeons have always been a problem in terms of eating crops but have a particular liking for Oilseed Rape (OSR). OSR is a very important commercial crop providing oil for human and animal foodstuffs as well as being an energy crop (for biodiesel). It is also an essential “break crop” for arable farms, such as ours. With our rotation system, wheat is grown for two years and then a “break crop” (OSR being the main break crop in East Anglia – sugar beet and beans are other examples) is grown for a year before wheat appears again. OSR was first grown in the early 1970’s – this farm being amongst the first to grow it in England – and ever since it has been an absolute favourite with the pigeons. It is especially vulnerable between the months of December and April.

The pigeon problem in these months has become ever more acute and farms have used all kinds of methods to deter them – flags, traditional scarecrows, kites (dressed up as birds of prey!), rockets, clatterers (which make a din in the wind), regular patrols by people in Land Rovers, sounding of horns, and organised pigeon shooting - to name but a few. However, the most effective and practical all round deterrent remains the banger. Over the years, the bangers have become more sophisticated, with automatic rather than manual controls, timers and multiple bangs. Without them, OSR would not be a viable crop anywhere.

Why can they be heard more this year?

This year at Bradley, the crop rotation has meant that the fields nearest the centre of the village have OSR growing on them. Hence, any failure in terms of a timing device on the bangers is particularly unacceptable. In future, all bangers will be timed to work only in daylight hours and, in any event, not to come on earlier than 7.00am or to go off later than 7.00pm.

If anyone would like any further details, please do call my mobile or send me an email. Or perhaps consider coming on the Farm Tour starting at 4.00pm on Saturday 6th June. I am delighted to discuss any issues that relate to farming and village life.

Charles Ryder

WEST SUFFOLK CRUSE

Awareness in Bereavement Care course at 90 Risbygate Bury St Edmunds IP33 3AA

The course runs for 16 sessions in the autumn, starting with essential attendance at the first all-day sessions on Saturday 12 September 2009. This will be followed by sessions on 2 further Saturdays and 10 Thursday evenings.

This course is for people with an interest in supporting and caring for bereaved people; it is primarily intended for potential Cruse volunteers though other applicants will be considered if there is space. It develops basic counselling skills to be used in bereavement support work and is accredited by OCNW at Level 2.

For further information, dates, cost etc. please contact West Suffolk Cruse at the above address or via our Website at www.westsuffolkcruse.org.uk, or ring: **01284 767674**.

FARM & WOODLAND TOUR – Saturday 6 June 2009

The annual Farm / Woodland Tour will start from The Covered Yard (just above the Church) at 4pm on Saturday, 6 June 2009. As usual, the tour will be undertaken on foot and will last approximately 2-2½ hours, followed by a discussion either in the garden at The Hall or in The Covered Yard (depending on weather conditions – so far each year we have been lucky!). The proceedings will draw to a close by 7.30pm.

The idea of the tour continues to be to provide an overall perspective on modern agriculture, including the types and uses of crops grown on the farm, woodland and hedgerow management, conservation and environment issues and, in particular, how we are handling them on the estate here at Great Bradley. Although the format remains broadly the same, each year we take a new route and look at different features.

We would be grateful if those coming on the tour do not bring dogs or other pets, not least to avoid disturbing nesting birds.

If you are interested in coming on the tour, I would be very grateful if you would kindly reserve a place by emailing me at charles@gbfco.com or by texting or calling me on my mobile (07831 318 019).

Charles Ryder

LET'S GO FLY A KITE (Ed. Yes, this month's cover photo is a [Red Kite!](#))

Well, what a couple of months for wildlife and bird spotting it's been. This time of year is one of our favourites because of the wonderful displays put on by the brown hares, it seems not a day goes by when we don't see them chasing one another round the fields. Did you know it's the females boxing away the males? One very frosty morning I was up at 6 am and standing at the edge of a field in Brinkley when one came within 10 feet of me so I got some great photos.

Anne and I went to Lakenheath Fen the other day and were surprised when a very bold weasel came right past us, very intent on finding its next meal and not in the least bothered about us.

Again, good photos for the album.

On the bird front, most of the Redwings and Fieldfares seemed to have left us, and the Little Egrets although still about seem to be harder to find. In fact we have only seen singletons about. Anne saw her first Reed Bunting this year in the middle of March, and the Buzzard population seems to have somewhat increased with up to four seen together on many occasions. In fact it's a rare day out when we don't see at least one!

However the very best sighting was on 21 March in the middle of the afternoon. We had heard of three reports in the last couple of months of a Red Kite seen in the area from Thurlow to Kirtling. All genuine we were sure but there was always doubt in our minds until we saw for ourselves. So, imagine our delight when one flew down the far side of the field opposite the Church and headed for the next field where we lost sight of it. As always my long lens was to hand and I got a couple of shots which with a quick review confirmed it was a Red Kite. I hurried down the road to see where it was off to. To my delight it had caught something in the field and was merrily munching away, so crawling on my belly across the edge of the field (see how I suffer for my art!) I got some photos of it on the ground. After about five minutes it flew off and six more photos were snapped, the best of which is attached.

We can only hope this magnificent bird stays with us, as it is without doubt one of our finest birds of prey. Happy spotting! *Les & Anne Bunyan*

Suffolk Wildlife Trust Community Barn Owl Project

Last month we published a letter from the Suffolk Wildlife Trust Community Barn Owl Project. asking if someone in the village would be interested in helping with this project?

We're delighted to say that Les and Anne Bunyan have volunteered on behalf of Great Bradley. If you would like to know more do contact them.

Enjoy walking and exploring the countryside?

You may like to know about the **South and Heart of Suffolk Walking Festival** taking place from 9 to 25 May. The programme of walks can be downloaded from:

http://www.southandheartofsuffolk.org.uk/latest/walking_festival_programme

St. Edmunds, and East Suffolk with or without a separate council for the more urban Greater Ipswich area. Our rationale for this was that when we have to deal with Suffolk County Council (headquartered in Ipswich) it's very difficult to get their attention. The environment in East Suffolk is very different from our area, and we are just a long way away. This is even when we have St. Edmundsbury Borough Council to argue on our behalf. If we have no Borough Council, but have to conduct all our business with an even larger, distant council in Ipswich, we felt that it was likely to prove even more difficult to get our needs considered seriously and to get action taken on local issues. We felt our needs would be better served by having a more local "parent" council. The Boundary Committee, whose responsibility it is to make the final recommendations on local government reorganisation, appears to have ruled out the east/west split, despite the support it received in the consultation last year. They now favour a single unitary council for the whole of Suffolk, or possibly a Greater Ipswich council plus a Rural Suffolk council. There is a **final opportunity** for the public to state their views or to object to current proposals which closes on 14 May.

If you agree with the Parish Council that it will be very difficult to get properly represented and to get our fair share of attention from a huge and distant One Suffolk council based in Ipswich, please send your views to:

Review Manager
(Norfolk & Suffolk Reviews)
The Boundary Committee for England
Trevelyan House
Great Peter Street
London
SW1P 2HW

Or by e-mail to reviews@boundarycommittee.org.uk

Or online at <http://www.electoralcommission.org.uk/boundary-reviews/open-consultations/online-submissions>

You can see more information about this local government reorganisation at

<http://www.electoralcommission.org.uk/boundary-reviews/all-reviews/eastern/suffolk/suffolk-structural-review>

ANNUAL VILLAGE MEETING



The Annual Village meeting takes place at 7.30pm on Wednesday 20 May in the Village Hall. Wine, soft drinks and nibbles will be served from 7pm.

This is an opportunity to hear what your Parish Council and other village organisations have been doing during the year, to get an update on current projects, and to hear and comment on what is planned for the coming year.

PLEASE COME!



Another Parish Councillor Needed!

We need one more person to join the Parish Council. This is an opportunity to help guide the development of the village, set priorities and get things done. Being a councillor is not hard work. The skills required are a bit of energy and common sense, and a willingness to get involved. It involves attending about 7 meetings a year (currently on Wednesdays at 7.30pm). If you might consider serving in this way, or know someone who might, or if you just want to know more about this, please contact Rowan Sylvester-Bradley (783157), John Barnett (783903) or any councillor.

Rowan Sylvester-Bradley

St Mary's Church Great Bradley
STOURHEAD BENEFICE
CHURCH SERVICES

| | | | | |
|---------------|---------------|----------------------|---|----------------------|
| Sunday | 3 May | 11am | Holy Communion and dedication of the new cruet | Great Bradley |
| Sunday | 10 May | 11 am | Holy Communion | Great Thurlow |
| Sunday | 17 May | 10am | Benefice Service | Great Wrating |
| Thursday | 21 May | Ascension Day | | |
| | | 7am | Tower Service & breakfast | Kedington |
| Sunday | 24 May | 9.30am | Holy Communion | Little Bradley |
| Sunday | 31 May | 10am | Benefice Service | Great Thurlow |
| Sunday | 7 June | 11am | Holy Communion | Great Bradley |

For other services see the Benefice News.

Church cleaning for May:
Ken & Sue Ireland

Flowers for May:
Arline Vollam

Dedication of the new cruet

In November 2007 the Scottish Dancing Group held a Ceilidh and donated the proceeds to St Mary's Great Bradley in memory of Tony Knight. With this money the PCC has bought a new cruet set for the communion water and wine. It consists of two stainless steel jugs and a tray, together with some altar linen. We are very grateful to the Scottish Dancing Group for this kind and generous gift. The new cruet will be dedicated at the communion service on Sunday 3 May at 11 am. All are welcome to come to this service.

Save the Date! - Great Bradley Church Fete

on **Sunday 12 July at 2pm** in the garden of **Great Bradley Hall**

Haverhill Majorettes * Pony rides * Teas * Barbecue * Ices * Bottle stall
 Art and Photography exhibition * And lots of other attractions

A Great Family Afternoon!

Plans are already underway, but we need your help! If you would like to be involved in any way or if you have an idea for a new stall or event please contact Sue Ireland (783595), Geoffrey Vollam (783132) or Maria Stableford (783010).

Sue Ireland

PARISH COUNCIL NEWS

Local Government Reorganisation

Have Your Say Before It's Too Late!

As you may know, a major reorganisation of local government is being planned, to take place in the next year or two. There is pressure from central government to go for a "unitary" local government structure, which would combine County Councils and District/Borough Councils into a single tier of local government. Parish councils would remain, but some powers currently held by district or borough councils may be devolved to Parish Councils. There also seems to be pressure to make the unitary councils large – the idea seems to be that this will make them more efficient.

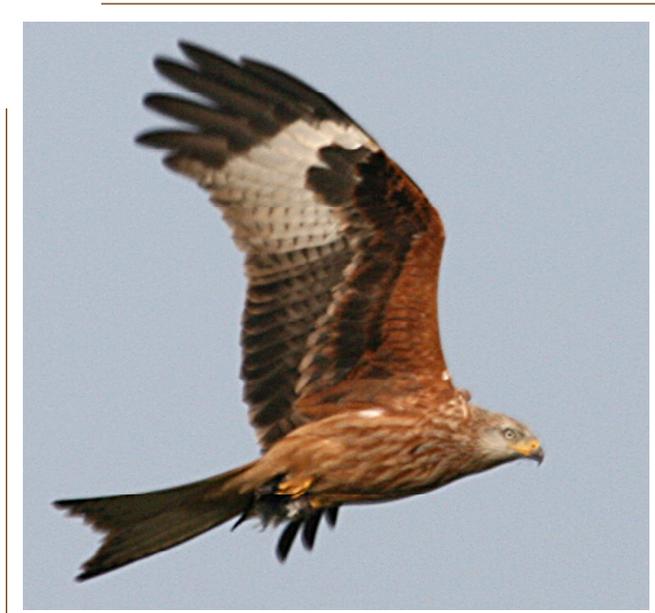
Last year there was a consultation on what form the new local government in Suffolk should take. Several alternatives were put forward, some of which involved taking Lowestoft into Norfolk, some involved forming a "Greater Ipswich" council to handle the cities and ports of Ipswich and Felixstowe. Great Bradley Parish Council, along with many others from the west of the county, argued that there should be separate Unitary Councils for West Suffolk, probably centred in Bury



The Bradley Bugle

May 2009

Issue 131 www.great-bradley.suffolk.gov.uk



Have you
seen this
new
Bradley
resident?

see inside ...

Village Diary

All events take place in the Village Hall unless otherwise noted

| | | |
|--------------------------|--|---|
| ANNUAL VILLAGE MEETING | Don't miss this important village event. Come and hear what's been going on over the past year and the plans for the future. Glass of wine and nibbles. | Wednesday 20 May at 7 for 7.30pm meeting |
| SCOTTISH COUNTRY DANCING | Lively, light exercise and fun! Contact Ella on 710340 | Mondays 11 & 18 May 2 – 4pm |
| CARPET BOWLS | Every Monday (except Bank Holidays) | Mondays 7.30pm |
| GENTLE EXERCISE CLASS | Gentle stretching exercises Contact Jacquie on 783354 | Tuesdays 10.30am – 12.30pm |
| ART CLASS | Contact Anne on 783175 for details | Tuesdays 2 – 4pm |
| AFTERNOON CLUB | All welcome, all ages, all interests Come and meet friends and neighbours | Thursday 14 May 2.30pm |
| BOOK CLUB | If there is a book you have particularly enjoyed reading and think others may also enjoy it then why not give either Anne Pigden (783175) or Anne Smith (783648) a ring. | |
| MOBILE LIBRARY | 12.05 – 12.20pm Evergreen 12.25 – 12.40pm Thurlow Road | Monday 18 May |
| BLACK BIN | Wednesday 13 May Thursday 28 May | |
| BLUE/BROWN BINS | Thursday 7 May Wednesday 20 May | |

BLUEBELL WALK Saturday 2 May – see April Bugle for details