



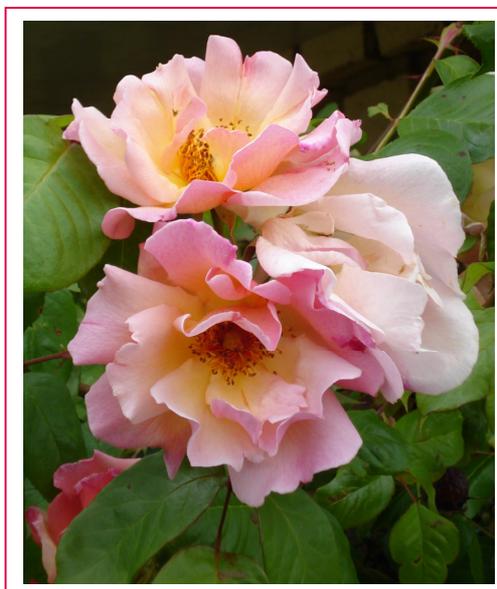
The Bradley Bugle

July 2009

Issue 133 www.great-bradley.suffolk.gov.uk

GREAT BRADLEY CHURCH FETE

*Fun for all the family
why not enter the
flower, fruit and veg
show?*



**SUNDAY
12 JULY**
at 2pm

*Please bring a
Shopping Bag
with you*

Village Diary

All events take place in the Village Hall unless otherwise noted

VILLAGE HALL AGM	Please come and show support for the work of the Village Hall committee	Wednesday 8 July 7.45pm
GREAT BRADLEY CHURCH FETE	Great Bradley Hall <i>Please bring your own shopping bag or carrier</i>	Sunday 12 July 2pm
SCOTTISH COUNTRY DANCING	Lively, light exercise and fun! Contact Ella on 710340	Mondays 2 – 4pm Starts again 7 September
CARPET BOWLS	Every Monday (except Bank Holidays)	Mondays 7.30pm
FLEXIBLE FRIENDS	Gentle stretching exercises Contact Jacquie on 783354	Tuesdays 10.30am – 12.30pm
ART CLASS	Contact Anne on 783175 for details	Tuesdays 2 – 4pm Starts again in September
AFTERNOON CLUB	All welcome, all ages, all interests Come and meet friends and neighbours	Thursday 9 July 2.30pm
BOOK CLUB	If there is a book you have particularly enjoyed reading and think others may also enjoy it then why not give either Anne Pigden (783175) or Anne Smith (783648) a ring.	
MOBILE LIBRARY	12.05 – 12.20pm Evergreen Lane 12.25 – 12.40pm Thurlow Road	Mondays 13 & 27 July 10 & 24 August
BLACK BIN	Wednesdays 8 & 22 July, 5 & 19 August, 2 September	
BLUE/BROWN BINS	Wednesdays 1, 15 & 29 July, 12 & 26 August	

St Mary's Church Great Bradley STOURHEAD BENEFICE

CHURCH SERVICES

Sunday	5 July	11 am	Holy Communion	Great Bradley
Sunday	19 July	10 am	Benefice Service	Kedington
Sunday	26 July	9.30 am	Holy Communion	Little Bradley

For other services see the Benefice News.

Church cleaning for July:
Gill Brown & Anne Smith

Flowers for July:
Helen Smith

Great Bradley CHURCH FETE

at Great Bradley Hall

Sunday 12 July
at 2pm

Stalls Games Pony Rides

Illusions Majorettes

enjoy the Gardens
of Great Bradley Hall

Flower, Fruit & Veg Show
Photographic & Art Exhibitions
Music in the Church

Teas, Barbecue and Ices

Entry Free

COME TO THE FETE...

We'll be very pleased to have **your donations to fill the stalls** and make this a successful day.

Please help with books, bottles, bric a brac, cakes, cans and packets, unwanted gifts, plants, toys and any other saleable items!

Contributions can be left with:

Sue Ireland, Rose Cottage, Evergreen Lane, 783595

Antonia Kiddy, 182 Evergreen Lane, 783102

Geoffrey Vollam, 20 Fox Green, 783132

We also need some **helpers to set up stalls** on Saturday morning, 11 July. Please meet at the church at 10am. Help is also needed after the Fete to **assist with clearing up**.

If you can help in any way, please contact Sue, Geoffrey or Antonia on the numbers above.

Thank you!

Sue Ireland

for a great family afternoon!

See details of the **Vegetable, Fruit and Flower Show** and how to enter, on page 7

**** DON'T FORGET TO BRING A BAG! ****

VILLAGE HALL NEWS

The Village Hall A G M is on **Wednesday 8 July at 7.45pm**

Please come and support the Village Hall Committee
We need new committee members
to join in the running of the hall as we will be losing some of the present committee
and cannot continue to run without more help.

Come and enjoy a glass of wine
and put your ideas forward for the future of YOUR Hall
contact Gill Dunn 783362 for more information

A NEW COURSE in the VILLAGE HALL

DESIGNING WITH PLANTS – The theory and practice of gardening

Beginning on Thursday 24 September, West Suffolk College have an exciting new course starting in Great Bradley. The tutor, Hilary Thomas has taught horticulture and garden design at Capel Manor College for many years and is a published author in the field of Garden Design. The course will offer students an insight in to choosing plants to obtain balance and colour in their garden all year round, understanding and improving soil types and planting through the seasons.

The sessions will take the form of practical demonstrations, slide lectures, discussions and garden visits. If you would like more information on this or any other courses please contact the Learning Centre in Haverhill on 01440 712177.

Time 10am – 12 noon Cost £64/£54/£26 running for 8 sessions

WEA Autumn Term 2009 - *The English Musical Scene from Elizabeth to Elizabeth*

An investigation of the many exciting developments in the English musical scene and the influence of historical events on its composers and their music, covering the past 450 years.

A 10 week course at the Village Hall starting Wednesday 23 September at 10am.

All welcome. For further information please contact Peter Smith 783278 or Geoffrey Vollam 783132

VILLAGE HALL LOTTERY

WINNERS FOR MAY AND JUNE 2009

	MAY		JUNE	
First	Roy Smith	Clarendale	Chris Knight	c/o The Street
Second	Helen Smith	Fox Green	Pam Bradberry	Evergreen Lane
Third	Tina Buck	Evergreen Lane	Ann Marie Jones	Fox Green
Fourth	Helen Brown	Clarendale	Hilary Ireland	Evergreen Lane

PARISH COUNCIL NEWS

More News from the Village Meeting

We did not have space in last month's Bugle to cover everything that was reported at the village meeting on 20th May, so here's a bit more news:

NATS is reconsidering its "Terminal Control North" plan to reroute aircraft approaching Stansted and Luton airports with stacking occurring over Great Bradley, in the light of over 15,000 responses to their consultation last year. Whether this will result in a radical rethink, or just tinkering which may make little difference to us, is still to be seen. They have promised another public consultation later this year, so *keep your eyes out for this*, and *take part* if you want to influence what happens in our skies!

Reports were also received from:

Art Group, they have about 12 members, an ideal size, and are considering working on a mural to be exhibited in the Village Hall.

Scottish Dancing have welcomed visitors from Leeds and the USA as well as joining forces with other groups in the area and planning trips to London and Scotland.

WEA continues successfully with courses on computing, coastal East Anglia and English parish churches attracting attendees from surrounding villages. A course on the history of English music is coming up in the autumn.

The **Gentle Exercise** Group meets on Tuesday mornings and has a steady membership, but still has room for two more.

The pattern of **Church** activities remains much the same. The financial situation is under control, but as always the future is uncertain. Gutter repairs will take place later this summer. Please support the Fête on 12 July, which is the church's main source of funds in the year!

The **Bugle** has continued, publishing 11 issues in the year, but requires an ongoing supply of articles, these need to be with the editorial team by 15th of the preceding month. If you go anywhere or do anything which would be of interest to villagers, please consider writing about it for the Bugle!

The **Village Hall**, although well supported by village organisations, has seen a decline in bookings for private functions. If you're planning a function, please consider using the Village Hall - if we don't use it, we'll lose it!

A major topic currently on the Council's agenda is finalising plans for the play area and football pitch.

Rowan Sylvester-Bradley (Chairman, Parish Council)

Next **Parish Council meetings** are on Tuesday 30 June and Wednesday 9 September (see village hall noticeboard)

FARM and WOODLAND TOUR

Charles Ryder treated a group of us to his annual Farm and Woodland Tour on Saturday 6th June. The weather was fine and dry (the torrential rain so badly needed fell the following day, thank goodness!). He was ably assisted by Rod Pass, who once again shared with us his vast knowledge of woodland and hedgerows.



We set off on foot from the Hall grounds across Sows Meadow to examine the large and ancient Oak that stands alone in the middle of the meadow, its age is about 500 to 600 years old, but Charles fancies it to be 1000 (of such things are legends born!). Next we took in a field of Sugar Beet and the problems of weed management were discussed. On next to Winter Wheat and the importance of drainage management and its effect when things go wrong.

Our journey then took in some longer walks to come to Jigsaw Plantation (which contains the 11,000 trees that were planted to replace those used during the Crimean war), here we were treated to some good views of hares chasing around the fields.

The views from near Bradley Park Wood were particularly stunning in the late afternoon sunshine. Here the damage inflicted on the woodland by deer was explained. We then wound our way back through Great Bradley Wood, taking care among the thistles and branches underfoot. The tour, which was so interesting and greatly enjoyed by all, encouraged lively discussion, and ended with very welcome refreshments in the Hall garden.

With many thanks to Charles Ryder and Rod Pass for such a fascinating insight into the workings of the estate, and to the Ryder family for their kind hospitality.

Les & Anne Bunyan, photo Les Bunyan

DEDHAM VALE AONB STOUR VALLEY PROJECT

Numbers limited. Bookings taken one calendar month before each event. For further details, please contact us on: 01473 264263 www.dedhamvalestourvalley.org

ADULT £3.00 – CHILDREN FREE
SUMMER HIGHS IN BURES
Sunday 26th July 2.30pm to 5pm

Join us as we walk part of the St. Edmund Way, stopping to look at the beautiful thatched Chapel of St Stephen where, legend has it, St Edmund was crowned King of East Anglia! We'll walk on to Tiger Hill and Arger Fen where we'll see some recent conservation work. Approx. 5 miles – Country walking may include some rougher ground/stiles.

NB: there is no walk in August.

Dedham Vale and Stour Valley News!

The new newspaper for the Dedham Vale Area of Outstanding Natural Beauty and Stour Valley project is now available.

With news stories on the work of the Project, a Visitor Guide with area map and featured walk, information about the Stour Valley Volunteers, and an events guide, the newspaper is FREE and available on request or from local outlets.

The Project newspaper has a feature on the Sustainable Development Fund, a grant scheme available for local communities, landowners and organisations, for projects of £500 upwards, to benefit the AONB environments. If you have an idea for a project please give us a call to discuss. For example, the Fund recently helped Rushbanks Farm Campsite at Wissington with a grant towards hedge planting and a new information board.

We would like to hear from individuals or businesses about outlets for the newspaper – we will be visiting villages in the Project area in the next couple of months. Please contact us on: 01473 264263 or email dedhamvale.project@suffolk.gov.uk



The cover of the 'Dedham Vale & Stour Valley News' newspaper, Summer 2009 issue. The main headline is 'A Place to Enjoy, Conserve, Explore and Celebrate'. The cover features a photograph of a landscape with a tree and a path. The newspaper is published by Dedham Vale AONB and Stour Valley Project. The cover lists the contents of the issue, including 'IN THIS ISSUE' with pages 2-3: Our Year in Pictures, 4-6: Sustainable Development Fund, 8: All of them, 9: Centre Pages: Our New Visitor Guide, 11-12: Annual Report, and 14: Stour Valley Volunteers. The cover also includes a 'BACK PAGE' section with 'Everts Guide' and 'Dedham Vale'.

Burrough Green School News

Class 4 have been working on building a company and selling products for profit, a venture supported by Linton Village College. For several months during their Design and Technology Lessons, the children have learnt different aspects of running a company. They were split into groups such as Design, Finance and Marketing and each department had a Head who would run the group. The class came up with the name 'Trinkets' with a strap line of 'Little Things for Little Prices'. They also decided to produce teddy bears with printed t-shirts, mugs and mouse mats. Everything from the design to the costings were researched and decided amongst them. A fundraiser was also organised to provide capital and a sale and games afternoon was put on within the class for the school to enjoy. From this they raised £92 just from 10p stalls and sideshows.

Teamwork has played a major part in the project which included lots of exercises involving problem sorting. One included making a tower over a metre high with 4 sheets of A4 paper and sticky tape!

Sport's Day was to be the big sale with a high turnout of parents and friends at the event. The stall was very popular with the teddy bears selling out and orders being placed for more!

The profit from this venture will go to Teenage Cancer Trust and we hope to donate £300!

The children worked extremely hard and have been rewarded with quality products, a successful sale and knowledge gained along the way.

The sun shone for sports day and the children had a fun afternoon. The PTA organised a fun filled Fete complete with the ever popular Quad bikes and slides. The Barbecue, tombola and cake stall help to make this event enjoyable for everyone and brings the community ever closer together.

Following on from the success of our Hog Roast last year, we are repeating this event on Saturday 11th July at 7.30pm. We shall again have the live band 'Toc H' and a cash bar. Tickets are £15 each and can be purchased through contacting me (ajbrewin@waitrose.com). This 'adults only' event will be held at Burrough Green School.

Alison Brewin

Lie back and relax to raise money for Burrough Green School!

One of our local parents has a therapy practice in Great Bradley and is offering to donate 5% of her treatment fees to the school for equipment. Parents, teachers and friends of the school who would like to enjoy up to 1.5 hours of relaxing massage and other gentle treatments can book appointments with Christine Charters-Young. If you ask to receive the Healing House newsletter you'll be eligible for money off vouchers too! All ages catered for, including babies. Concessions available. Terms apply. Call 01223 654552 or browse the website for more information, testimonies and case studies.



Christine Charters-Young
MFHT MIGHT CIBT
2 St John's Cottage
Great Bradley CB8 9LG
01223 654552
www.thehealing-house.com

The Healing House

Choose from a range of gentle and relaxing treatments personally tailored to suit you. Please telephone for further information or to book your first consultation.

Reflexology, Reiki and Ayurveda Massage for Adults

Gentle Touch™ Reflexology for Babies and Children

Yoga & Relaxation Classes for Children from 3 yrs

Yoga Therapy for Children with Learning Difficulties

FUTURE EDITIONS OF THE BUGLE:

Please tell us your news – We'll be delighted to hear from you!

In order that your Bugle reaches you early in the month all copy must be received by the 15th of the previous month.

****Deadline for the September edition 2009 is 15 August (with no exceptions this time please!)**

The Editorial team

Anne Pigden	01440 783175	jaspepp@sky.com
Helen Smith	01440 783278	helen@foxgreen.plus.com
Sue Sylvester-Bradley	01440 783157	sue@sylvester-bradley.org

We thank our advertisers who help to fund this village newsletter – contact Anne, Helen or Sue (see above) if you would like to place an ad.

Please note that the advertisements in this magazine are accepted in good faith but are not personal recommendations of the editorial team.

SUFFOLK HISTORIC CHURCHES CYCLE RIDE 2009



The 28th SHCT Ride will take place this year on Saturday 12th September and we invite you to take part, either as cyclist or walker, or by being in the Church for an hour or so to welcome those who will call there on this annual fundraising day.

Proceeds are divided between the Church chosen by the rider and the Suffolk

Historic Churches Trust. This charity does valuable work in providing funds to help with the repair of the county's many church buildings, and is interdenominational in making its awards. Great Bradley Church has received aid from SHCT in the past and no doubt will have to apply again in the future.

Our riders did extremely well last year, but unfortunately Ken Gooch is unable to ride for us this time so we are hoping that others will offer to do so and maintain Great Bradley's reputation!

If you are unable to volunteer, please offer generous support when asked for sponsorship. Sponsor forms and further details are available from Geoffrey Vollam (783132).

Why not get on your bike and make a difference for our village, and other, churches? Ed.

My Extreme Charity Challenge –

The Road to the Amazon Jungle Marathon - Update from Paul Dickens

Over the last six weeks I have run two 60 plus mile ultra marathons (one in Yorkshire, one in the Lake District), 33 miles in the Marlborough Downs, completed a 30 hour non stop adventure race in Belgium and a two day mountain marathon race in the highlands of Scotland. I am now half way through my training plan having run 502 miles in 12 events and am actually feeling rather healthy and fit!

These events ranged from

Extremely Demanding - The *Fellsman* is a 61 mile run over 'very hard rugged moorland in the Yorkshire Dales' with 11,000ft of climbing over 8 mountain ranges and two hours of torrential rain, sleet and gale force winds. (14½ hours of continual running!)

- **via Just Fun!** - The *Malheur Raid* a 30 hour adventure race in Belgium's 'lake district' area which included kayaking down river rapids, swimming across a lake with your bike on a car inner tube (in the dark...), skydiving (in line roller skating with big wheels), mountain biking, orienteering, archery, and a great abseiling and *via ferrata* course (rock climbing)

A 'boys with toys' weekend!

- **to Really Satisfying** – My partner and I came second in the Low Alpine Mountain Marathon (LAMM) event. Based in The Kintail and Morvich estate, 4 hours north west of Glasgow on the A87, it's 400 square kilometres of mostly Scottish National Trust country, home to the famous Five Sisters (a high ridge 8km long and 1067 meters high), 14 further Munros (hills over 2000ft) and the falls of Glomach, one of the highest waterfalls in great Britain (370ft), this is 'big mountain country'. New this year was the *Score Course*, unlike all the other courses that follow a linear route, the score course has a fixed time limit of 7 hours on day one and 6 on day two. Competitors choose from a host of controls to collect depending on location and value – highest number of points over the two days wins. Good route choice and timekeeping are vital, as 2 points are deducted for every minute or part thereof over time. 90 teams of 2 took part, checkpoint locations were given to plot 30 minutes before the start but the value of each checkpoint is only handed out at the start. Makes for quite an exciting race.

Most of the events this month were in glorious sunshine, which makes such a difference and last weekend in the Lake District was no exception.

The *Three Rings of Shap* is an LWDA event (Long Distance Walkers Association) – an annual event – but one that can be walked at any time - and comprises of three different loops starting and ending in Shap. 100km in total (62 miles) but each loop can be done on its own.

RING 1 - MOSEDALE 18 miles (29Km), approx. 900 m ascent.

Traveling west from Shap this ring passes above the aptly named Wet Sleddale reservoir to reach remote Mosedale Cottage via quiet and secluded moorland. It then ascends two of Haweswater's *Wainwrights*, Branstree and Selside Pike, offering superb views of High Street and Eastern Lakeland. Descending to the hidden valley of Swindale with its magnificent waterfalls and the Truss Gap checkpoint the route returns to Shap through the hamlets of Rosgill and Keld passing historic Shap Abbey on the way.



RING 2 - LYVENNET, LEITH & LOWTHER 24 miles (39Km), approx. 700m ascent.

A fine low-level journey through farm and parkland visiting the quiet Westmorland villages of Reagill, Morland, Hackthorpe & Bampton Grange etc. and providing an intimate view of the three eponymous, and little known, rivers. Even on its own this walk is no pushover.

RING 3 – GREAT ASBY 20 MILES (32Km), approx. 750m ascent.

In complete contrast this ring follows Wainwright's Coast-to-Coast route out of Shap for several miles before leaving it to explore the National Nature Reserve of Great Asby Scar in classic limestone country. It returns from the checkpoint near Great Asby, now on the Westmorland Way, passing through Crosby Ravensworth and Oddendale on the way back to Shap.

Shap is two miles off Junction 39 on the M6 and an 'Anytime' route description may be downloaded from the website http://www.ldwa.org.uk/lgt/web_page.php?c=7&p=26

It is far enough from the tourist areas to be quiet even in the height of the summer season and rings 2 & 3 pass through several villages with plenty of picturesque pubs – well worth a visit.

Next month is a lighter schedule as I am building up for the Lakeland 100 miler. Experience to date tells me I will need at least two weeks of no training beforehand to ensure I finish it within the 24 hour cut off time – mentally this is the tough one!!

ST EDMUNDSBURY RURAL SOUTH SAFER NEIGHBOURHOOD TEAM - JUNE 2009 NEWSLETTER

The Safer Neighbourhood Team in the South continues to get to all the villages with the mobile police station. It has made a real difference to our ability to hold surgeries in the villages and we no longer have to hire halls in which to meet people. In the last few weeks we have visited Barnardiston, Denston, Brockley, Stradishall, Kedington, Wickhambrook, Great Bradley, The Thurlows and Wixoe. The other villages will be visited again in the coming weeks. Issues that are raised at the surgeries are acted upon by the team so please do come and visit us and let us know your concerns.

There have been a few thefts from motor vehicles in our area recently. Please don't keep valuables in your car or essential tools you need for work in your van. It is all too common that when a drill or other power tool is stolen that the owner doesn't have a note of the serial number. Please write all serial numbers down and keep them in a safe place. How frustrating, to find a suspect with tools you suspect to be stolen, but have to return them to the suspect as we cannot identify the owner and prove they are stolen.

PC Ruth Horton PC Trish Sinclair PCSO Alex Foster

Your team are happy to talk to you at any time on 01284 774100.

Ed. We have emailed the team to ask them to let us know when they plan to visit the village next.

GREAT BRADLEY'S BEST HOME-GROWN VEG, FRUIT AND FLOWERS COMPETITION

In the Church during the Fete on Sunday 12 July - *A light-hearted look at local produce*

All exhibitors should leave their entries on the marked tables in the church by 12 noon on the day of the Fete. We ask that all exhibits be removed by 5.30 pm; any items remaining will be disposed of by the Committee!

Entries should be placed on a plain plate or bowl with a note of your name and address attached to the underside. Fee for each entry – 20p. There will be a clearly marked pot in which to put your entry fees.

Prize for the best entry in each class – 50p!

Classes

Vegetables: Peas (3 pods) 3 Potatoes Beans (3 pods) 3 carrots 3 of any other vegetable	Salad section: 3 Tomatoes 1 Cucumber 3 Spring onions 1 Lettuce	Fruit: Soft fruit (3 fruits) Children's classes (under 11 years) My best fruit My most unusual vegetable
Flowers: My best garden flowers in a vase <i>(please place your name and address in an envelope under the vase)</i> Finest 3 rose blooms 3 stems, any single variety of garden flower	Plants: My best flowering house plant My best foliage house plant A chance to display your prize produce	For more information please contact Lisa Hancock on 01440 783372 Check the garden and plan your entry NOW!

FETE CAKE STALL Please remember your homemade baking can be delivered to Anne at 21 Fox Green before the Fete on Saturday or on Sunday morning – Many thanks – Anne and Sue

* H B Cakes *

Home baked cakes just right for Sunday tea
Victoria sponges, cherry & coconut loaf,
coffee and walnut cake and lots more!

Cakes may be simply decorated if desired
Prices from £4 depending on size and ingredients

Contact Helen on T: 01440 783048
or E: paul-helenbrown@tiscali.co.uk

Home Baked by Helen Brown

THURLOW GARAGE

MOTs ~ SERVICING ~ REPAIRS
for CARS, LGVs & MOTORCYCLES

up-to-date Vehicle Diagnostic Equipment

loan cars available on request
collection and drop off service always available

Call now for the most competitive price for tyres
01440 783248 or email: thurlowgarage@aol.co.uk

LAWN MOWER REPAIRS and GRASS CUTTING SERVICE

Mobile *Mr Fixit* is available locally to solve and repair
mower faults at your home or, for more serious repairs,
will collect and complete repairs off site

Full Servicing / Reconditioning / Rebuild
Heavy and light duty grass cutting

very reasonable prices NO VAT

ALL TYPES FROM SMALLEST TO LARGEST
INCLUDING RIDE-ON MOWERS

Contact Ross Skingley
E mail rossskingley@aol.com
Tel 01440 783304 Mob 07990 514132

Land Army DESIGNS

Garden Design and Build

call Jane Hamblin
T: 01359 231344

www.landarmydesigns.co.uk

for an instant garden try

Bed in a Box
www.bedinabox.net

E: jane@landarmydesigns.co.uk

KIRTLING GARAGE

Our local family business has been
established for over 36 years and offers you
a professional and personal service

- MOT Testing
- Mechanical Repairs and Servicing
- Tyres and Exhausts
- Electronic Diagnosis Equipment
- Specialist Body work

Local collection and delivery service if required

For an appointment please contact our
Service Reception on **01638 730362**

Email: enquiries@kirtlinggarage.co.uk
Web: www.kirtlinggarage.co.uk

R. Pratley Plumbing and Heating Ltd

Your local plumbing and heating engineer

All types of work undertaken
No call out charge

Specialists in bathrooms,
all central heating systems
and solar panels

Call 01440 783366 or 07909 691033
for a free estimate.